

2009 Team Conditioning Schedule

43 Hoops Basketball Club

*Effective April 6 through May 28, 2009

Monday	6-7pm	12U Boys
	7-8pm	12U Girls
	8-9pm	14U Boys (Gameli)
Tuesday	6-7pm	14UD (Tyrell) & 16U Boys (Chris)
	7-8pm	16U Girls
	8-9pm	15U Boys (ARob)
Wednesday	6-7pm	16U Boys (Chris)
	7-8pm	15U Girls
	8-9pm	16U Boys (Grant)
Thursday	6-7pm	15U Boys (Nate) & 16U Boys (Chris)
	7-8pm	14U Girls
	8-9pm	14U Boys
Friday	6-7pm	13U Girls
	7-8pm	13U Boys
	8-9pm	17U Boys (Al)